

Overzicht op namen

Korte baan (25m)

F.Z.C.'54

02-007 / 02 / NED

199402978	José Alkema	94 :	13	50m vrije slag	37.12 S	15-1-2011	Harlingen (NED)
			30	200m rugslag	3:33.32 S	15-1-2011	Harlingen (NED)
199203044	Anna-Jetske Baron	92 :	15	200m schoolslag	3:07.83 S	15-1-2011	Harlingen (NED)
			34	100m vrije slag	1:05.33 S	15-1-2011	Harlingen (NED)
199601896	Rixt-Nynke Baron	96 :	9	100m rugslag	1:19.50 S	19-2-2011	Leeuwarden (NED)
			26	200m wisselslag	2:49.88 S	15-1-2011	Harlingen (NED)
199704094	Marlijn Berends	97 :	9	100m rugslag	1:39.54 S	13-11-2010	Franeker (NED)
			26	200m wisselslag	3:33.10 S	20-3-2011	Franeker (NED)
199703368	Amber Bosch	97 :	9	100m rugslag	1:20.50 S	3-12-2011	De Westereen (NED)
199402980	Imkje Bouma	94 :	13	50m vrije slag	35.37 S	10-4-2010	St Annaparochie (NED)
			30	200m rugslag	3:24.23 S	15-1-2011	Harlingen (NED)
199601314	Rinske Bouma	96 :	9	100m rugslag	1:29.75 S	3-12-2011	De Westereen (NED)
			26	200m wisselslag	3:22.15 S	13-3-2010	Drachten (NED)
199403169	Ewoud Eppinga	94 :	14	50m vrije slag	34.34 S	15-1-2011	Harlingen (NED)
			32	200m rugslag	3:10.51 S	15-1-2011	Harlingen (NED)
199703372	Christine Grondsma	97 :	9	100m rugslag	1:32.03 S	3-12-2011	De Westereen (NED)
			26	200m wisselslag	3:21.68 S	20-3-2011	Franeker (NED)
199803370	Sanne Grovenstein	98 :	7	50m vlinderslag	39.88 S	16-10-2011	Veendam (NED)
			24	50m vrije slag	32.31 S	15-10-2011	Veendam (NED)
199403492	Ilse Harskamp	94 :	13	50m vrije slag	36.29 S	16-10-2011	Veendam (NED)
			30	200m rugslag	3:06.03 L		
199605073	Sven Harskamp	96 :	11	100m rugslag	1:44.16 S	16-10-2011	Veendam (NED)
			28	200m wisselslag	NT		
199802796	Ilona Hofman	98 :	7	50m vlinderslag	45.25 S	16-10-2011	Veendam (NED)
			24	50m vrije slag	36.41 S	15-10-2011	Veendam (NED)
199402551	Jasper Knip	94 :	14	50m vrije slag	30.94 S	15-10-2011	Veendam (NED)
			32	200m rugslag	3:06.76 S	15-1-2011	Harlingen (NED)
199902715	Ulbe Kuipers	99 :	8	50m vlinderslag	59.44 S	2-4-2011	Leeuwarden (NED)
			25	50m vrije slag	43.92 S	3-12-2011	De Westereen (NED)
199006960	Judith Metselaar	90 :	15	200m schoolslag	3:45.76 S		
			34	100m vrije slag	1:22.12 S	3-12-2011	De Westereen (NED)
199302375	Arno Nieuwhof	93 :	17	200m schoolslag	2:44.41 S	13-3-2010	Drachten (NED)
			36	100m vrije slag	1:01.60 S	9-10-2010	Heerenveen (NED)
200100755	Gerben Oevering	01 :	6	50m schoolslag	53.47 S	15-1-2011	Harlingen (NED)
			22	100m rugslag	1:42.29 S	8-10-2011	Bolsward (NED)
199900257	Jesper Oevering	99 :	8	50m vlinderslag	54.47 S	10-4-2010	St Annaparochie (NED)
			25	50m vrije slag	41.38 S	25-9-2010	Burgum (NED)
199700091	Rik Oevering	97 :	11	100m rugslag	1:24.52 S	15-1-2011	Harlingen (NED)
			28	200m wisselslag	3:07.51 S	15-1-2011	Harlingen (NED)
198401781	Frans Plat	84 :	17	200m schoolslag	2:52.31 S	15-1-2011	Harlingen (NED)
			36	100m vrije slag	1:09.08 S	3-12-2011	De Westereen (NED)
198902509	Jildert Prins	89 :	17	200m schoolslag	2:37.11 S	15-1-2011	Harlingen (NED)
			36	100m vrije slag	57.22 S	17-12-2011	De Westereen (NED)
200000622	Anna Rozema	00 :	5	50m schoolslag	46.65 S	10-9-2011	Emmeloord (NED)
			20	100m rugslag	1:27.82 S	12-11-2011	De Westereen (NED)
199305108	Iris Rozema	93 :	15	200m schoolslag	3:25.63 S	20-3-2011	Franeker (NED)
			34	100m vrije slag	1:04.51 S	8-1-2011	Heerenveen (NED)
199600860	Lisa Rozema	96 :	9	100m rugslag	1:16.11 S	9-1-2011	Heerenveen (NED)
			26	200m wisselslag	2:55.53 S	8-1-2011	Heerenveen (NED)
200001763	Darren Sieswerda	00 :	6	50m schoolslag	55.13 S	24-4-2010	Franeker (NED)
			22	100m rugslag	1:36.52 S	8-10-2011	Bolsward (NED)
199802342	Gwen Sieswerda	98 :	7	50m vlinderslag	39.63 S	16-10-2011	Veendam (NED)
			24	50m vrije slag	32.52 S	28-5-2011	Leeuwarden (NED)

198903393	Jorrit Visser	89 :	17	200m schoolslag	2:46.72 S	15-1-2011	Harlingen (NED)	
			36	100m vrije slag	56.92 S	15-1-2011	Harlingen (NED)	
199501435	Bart de Vos	95 :	14	50m vrije slag	33.11 S	15-10-2011	Veendam (NED)	
			32	200m rugslag	3:20.94 S	10-4-2010	St Annaparochie (NED)	
199506100	Anne van Zalinge	95 :	13	50m vrije slag	37.69 S	16-10-2011	Veendam (NED)	
			30	200m rugslag	3:25.57 S	10-4-2010	St Annaparochie (NED)	
199403167	Niek Zeilstra	94 :	14	50m vrije slag	27.54 S	17-12-2011	De Westereen (NED)	
			32	200m rugslag	2:45.29 S	15-1-2011	Harlingen (NED)	
Heren 1		:	1	4 x 100m wisselslag		11-99		4:33.52
			1:	Arno Nieuwhof	93	1:11.44		
			2:	Frans Plat	84	1:18.67		
			3:	Jildert Prins	89	1:01.13	23-4-2011	De Westereen (NED)
			4:	Niek Zeilstra	94	1:02.28	17-12-2011	De Westereen (NED)
Dames 1		:	3	4 x 100m vrije slag		11-17		4:36.68
			1:	Sanne Grovenstein	98	1:09.78	3-12-2011	De Westereen (NED)
			2:	Anna Rozema	0	1:09.27	3-12-2011	De Westereen (NED)
			3:	Rixt-Nynke Baron	96	1:06.99	17-12-2011	De Westereen (NED)
			4:	Gwen Sieswerda	98	1:10.64	3-12-2011	De Westereen (NED)
Dames 2		:	38	4 x 50m wisselslag		11-15		2:29.08
			1:	Gwen Sieswerda	98	34.81	16-10-2011	Veendam (NED)
			2:	Sanne Grovenstein	98	48.91	15-10-2011	Veendam (NED)
			3:	Anna Rozema	0	35.64	2-4-2011	Leeuwarden (NED)
			4:	Rixt-Nynke Baron	96	29.72	17-12-2011	De Westereen (NED)