

Overzicht op namen

Korte baan (25m)

F.Z.C.'54

02-007 / 02 / NED

Heren 1	:	8	4 x 50m wisselslag			11-99		2:12.65
		1:	Ewoud Eppinga	94	39.79			
		2:	Frans Plat	84	35.54			
		3:	Jildert Prins	89	27.86	23-4-2011	De Westereen (NED)	
		4:	Niek Zeilstra	94	29.46	15-1-2011	Harlingen (NED)	
		16	4 x 100m vrije slag			11-99		4:28.44
		1:	Jildert Prins	89	56.92	15-1-2011	Harlingen (NED)	
		2:	Ewoud Eppinga	94	1:19.53	2-4-2011	Leeuwarden (NED)	
		3:	Frans Plat	84	1:06.58	15-1-2011	Harlingen (NED)	
		4:	Niek Zeilstra	94	1:05.41	2-4-2011	Leeuwarden (NED)	
		24	4 x 50m vrije slag			11-99		1:58.61
		1:	Niek Zeilstra	94	29.46	15-1-2011	Harlingen (NED)	
		2:	Ewoud Eppinga	94	34.34	15-1-2011	Harlingen (NED)	
		3:	Frans Plat	84	29.10	2-4-2011	Leeuwarden (NED)	
		4:	Jildert Prins	89	25.71	2-4-2011	Leeuwarden (NED)	
		32	4 x 100m wisselslag			11-99		4:51.59
		1:	Ewoud Eppinga	94	1:26.38	2-4-2011	Leeuwarden (NED)	
		2:	Frans Plat	84	1:18.67			
		3:	Jildert Prins	89	1:01.13	23-4-2011	De Westereen (NED)	
		4:	Niek Zeilstra	94	1:05.41	2-4-2011	Leeuwarden (NED)	
		40	4 x 50m schoolslag			11-99		2:32.24
		1:	Jildert Prins	89	33.97			
		2:	Ewoud Eppinga	94	42.48			
		3:	Niek Zeilstra	94	40.25			
		4:	Frans Plat	84	35.54			
Dames 1	:	2	4 x 50m wisselslag			11-15		2:22.34
		1:	Rinske Bouma	96	39.26			
		2:	Amber Bosch	97	39.62	28-5-2011	Leeuwarden (NED)	
		3:	Lisa Rozema	96	33.64			
		4:	Rixt-Nynke Baron	96	29.82	28-5-2011	Leeuwarden (NED)	
		3	4 x 50m wisselslag			11-17		2:39.36
		1:	Imkje Bouma	94	42.36			
		2:	José Alkema	94	44.70			
		3:	Anna Rozema	0	35.64			
		4:	Ilona Hofman	98	36.66			
		10	4 x 100m vrije slag			11-15		4:48.80
		1:	Rixt-Nynke Baron	96	1:06.27	19-2-2011	Leeuwarden (NED)	
		2:	Rinske Bouma	96	1:19.64			
		3:	Lisa Rozema	96	1:12.16	8-1-2011	Heerenveen (NED)	
		4:	Amber Bosch	97	1:10.73	23-4-2011	De Westereen (NED)	
		11	4 x 100m vrije slag			11-17		5:27.93
		1:	Ilona Hofman	98	1:28.09			
		2:	Anna Rozema	0	1:12.02			
		3:	Marlijn Berends	97	1:28.14			
		4:	Imkje Bouma	94	1:19.68			
		18	4 x 50m vrije slag			11-15		2:09.01
		1:	Lisa Rozema	96	32.34	28-5-2011	Leeuwarden (NED)	
		2:	Amber Bosch	97	31.55	28-5-2011	Leeuwarden (NED)	
		3:	Rinske Bouma	96	35.30	15-1-2011	Harlingen (NED)	
		4:	Rixt-Nynke Baron	96	29.82	28-5-2011	Leeuwarden (NED)	
		19	4 x 50m vrije slag			11-17		2:26.94
		1:	Anna Rozema	0	34.41			
		2:	Marlijn Berends	97	38.75			
		3:	Ilona Hofman	98	36.66			
		4:	José Alkema	94	37.12			
		26	4 x 100m wisselslag			11-15		5:28.70
		1:	Lisa Rozema	96	1:16.69	20-3-2011	Franeke (NED)	
		2:	Rinske Bouma	96	1:37.74	20-3-2011	Franeke (NED)	
		3:	Amber Bosch	97	1:28.48	17-4-2011	Heerenveen (NED)	
		4:	Rixt-Nynke Baron	96	1:05.79			
		27	4 x 100m wisselslag			11-17		6:06.10
		1:	Imkje Bouma	94	1:31.26			
		2:	José Alkema	94	1:35.07			
		3:	Anna Rozema	0	1:31.63			
		4:	Marlijn Berends	97	1:28.14			
		34	4 x 50m schoolslag			11-15		2:51.80
		1:	Amber Bosch	97	39.62	28-5-2011	Leeuwarden (NED)	
		2:	Rinske Bouma	96	45.63			
		3:	Lisa Rozema	96	45.36			
		4:	Rixt-Nynke Baron	96	41.19	28-5-2011	Leeuwarden (NED)	

Dames 1	:	35	4 x 50m schoolslag		11-17	3:08.36
		1:	Marijn Berends	97	47.94	
		2:	Ilona Hofman	98	49.68	
		3:	José Alkema	94	44.70	
		4:	Imkje Bouma	94	46.04	